

## A few Approved Herbs used for Healing.

**Sarsaparilla Root Herb** - highest concentration of iron of any plant. Cures anemia, impotency in men, STDS, Herpes, Why Iron is so important? iron is by far the most important in the mineral kingdom, Why? Because its electrical, Like the rest but it has magnetism , Its the only magnetic one in the ramification of life

**Burdock Root Herb** - Traditionally herbalists all over the world use Burdock Root as a blood purifier. The beneficial effects of this herb includes increasing circulation to the skin, helping to detoxify the epidermal tissues.

**Yellow Dock Root Herb** - Yellow dock root is a blood purifier and general detoxifier, especially for the liver.

**Dandelion** - The health benefits of dandelion include relief from liver disorders, diabetes, urinary disorders, acne, jaundice, cancer and anemia.

**German Chamomile** - calms the central nervous system - heals the brain, restlessness, and trouble sleeping.

**Elderberry** - for all coughs and flu or colds, most tasty and beautiful teal on earth.

**Bladderwrack** - Bladderwrack is a form of kelp that has been used medicinally for centuries. The main use of the herb has been for the stimulation of the thyroid gland as a treatment for obesity and cellulite.

**Organic Kelp Seamoss Flakes** (*Ascophyllum nodosum*) - One of the main benefits of kelp is its high content of iodine which is a mineral that is essential for the correct functioning of the thyroid gland.

**Irish Moss Seamoss Tea** (*Chondrus crispus*) - nutrition on a cellular level - nourish yourself back to health with Irish Moss Powder - 92 minerals in each serving

**Red Clover** - Hot flashes menopause, for breast pain or tenderness (mastalgia); and for premenstrual syndrome (PMS).

**Red raspberry** - Fibroid , Uterine health

**Stinging Nettle Leaf** - Stinging nettle root is an astringent, diuretic

**Blessed Thistle** - The #1 recommended herb for liver health

**Yarrow herb** - a super internal healing herb organ repair, "Yarrow flower used in chronic diseases of the urinary apparatus, is especially recommended It exerts a tonic influence upon the venous system, as well as upon mucous membranes.

**Chickweed** - Chickweed Tea for Weight Loss, Diuretics help you flush your system of excess water by increasing the amount of urine you secrete.

**Damiana Leaves**- have been used as an aphrodisiac and aid to boost sexual potency. Damiana leaves are used for both male and female sexual stimulation, increased energy, asthma, mild depression, impotence and menstrual problems, hot flashes from menopause.